



Manual of Administration

TOPIC: Medication	SUBJECT: Non-Prescription Medications	Code: MD132
		Date of Issue: October 1998
		Revised: October 2019
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PURPOSE: To enable Support Workers to safely support individuals to take/apply non-prescription medications (i.e.: Tylenol, cough syrup, nose drops, ear drops, etc.); to ensure there are no medical contraindications and there is accurate documentation. Non-prescription drugs should be taken only after consultation with a physician or pharmacist.

DEFINITION: Non-Prescription Medication: Medication sold legally without physician's prescription; "over the counter" medication.

PROCEDURE:

1. The pharmacist/physician is to be contacted to ensure the medication can be taken/applied safely with the individual's present medication(s). The support staff will ask for a list of possible side effects to watch for. The list of side effects is to be placed in the binder with the medication sheets.
2. On the Medication/Treatment sheet/MAR sheets, print the name of medication, dosage, when to be taken, and the length of time it is to be taken. If it is a cream/ointment document where it is to be applied.
3. Each time, prior to supporting, CHECK expiry date; After the non-prescription medication is taken, follow policy MD031-Documentation.
4. Documentation will also be made on the log about the individual's present condition, the name and dosage of medication taken and why it was needed.
5. Any side effects which appear while taking the medication(s) will be documented. Seek medical attention if necessary.

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