

## MANUAL OF ADMINISTRATION

<b>TOPIC:</b> SUPPORT SERVICES	<b>SUBJECT:</b> BEHAVIOUR SUPPORT PLAN	<b>Code:</b> SS007
		<b>Date of Issue:</b> November 2013
		<b>Revised:</b> April 2018
		<b>Page 1 of 4</b>

### **PURPOSE:**

Individuals supported by Avenue II will have a written document that outlines strategies to be used for individuals who have challenging behaviours when required.

### **DEFINITIONS:**

“Behaviour Support Plan” means a document that is based on a written functional assessment of the person that considers historical and current, biological and medical, psychological, social and environmental factors (a bio-psycho-social model) of the person with a developmental disability that outlines intervention strategies designed to focus on the development of positive behaviour, communication and adaptive skills.

“Challenging Behaviour” means behaviour that is aggressive or injurious to self or to others or causes property damage or both and that limits the ability of the person with a developmental disability to participate in daily life activities and in the community or to learn new skills or that is any combination of them.

“Crisis Situation” means circumstances where:

- a) a person with a developmental disability is displaying challenging behaviours that is new or more intense than that which was displayed in the past and the person lacks a behaviour support plan or the strategies outlined in the person’s behaviour support plan do not effectively address the challenging behaviour.
- b) the challenging behaviour places the person at immediate risk of harming themselves or others or causing property damage and,
- c) attempts to de-escalate the situation have been ineffective.

“Intrusive Behaviour Intervention” means a procedure or action taken on a person in order to address the person with a developmental disability’s challenging behaviour, when the person is at risk of harming themselves or others, or causing property damage.

“Positive Behaviour Intervention” means the use of non-intrusive behaviour intervention strategies for the purpose of reinforcing positive behaviour and creating a supportive environment with a goal of changing the behaviour of the person with a developmental disability.

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		<b>Page 2 of 4</b>

### PROCEDURE:

1. A plan will be developed using the approved template as per O.Reg.299110-C.  
In general:
  - a) A detailed description of when and how PRN's are to be used.
  - b) A chart which is used to document the use of the PRN support and its monitoring.
  - b) Refer to PRN Protocol policy MD010.
2. The plan will indicate whether or not intrusive physical restraint is required.
  - a) A detailed description of when and how to support the individual when intrusive physical restraint is used.
  - b) Refer to policy SS160 Intrusive Behaviour Intervention.
3. Any health concerns are to be recorded in the behaviour support plan.
4. Support strategies that are used to support the challenging behaviour are to be written out in detail. The behaviour support plan should also have provision for the eventual fading or elimination of behaviour intervention strategies.
5. The plan is to be developed with the individual and or persons acting on their behalf.
6. The individual and or where applicable, persons acting on behalf of the person provides signed consent to the behaviour support plan. If the client gives consent, the contact person will be notified as soon as possible after the plan is used.
7. When intrusive behaviour support (physical restraint) (prescribed medication) is required the behaviour support plan must be developed and approved by a psychologist, a psychological associate, a physician, a psychiatrist or certified behaviour analyst and have signed consent.
8. A third party review committee will review the behaviour support plan when intrusive behaviour interventions are required as part of the individual strategies annually. Annually for the third party review is defined as once every 12 month period going forward from the date of the first plan.
  - a) The group will convene monthly at the Managers' meeting and reflected in the minutes.

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		<b>Revised:</b> April 2018
		<b>Page 3 of 4</b>

- b) There will be at least two people on the internal third party review not directly involved with the individual.
  - c) The role of the committee members will be to look at the challenging behaviour, and are responsible to see if the strategies used are ethical and appropriate for the individual's needs and assessment results. Also to ensure that the plan is in compliance with ministry requirements.
  - d) The committee's findings and recommendations if any, will be documented and provided to the clinician who oversees the plan.
9. Avenue II will review the findings and recommendations of the third party review committee and determine how they may be implemented.
10. Avenue II will review and evaluate the use and effectiveness of Intrusive Behaviour Interventions used, at team meetings twice annually, defined for these purposes as twice every 12 month period going forward from the creation date of the first plan and will be recorded in minutes twice annually.

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		<b>Revised:</b>	April 2018
		<b>Page 4 of 4</b>	

### Record of PRN Support and Monitoring



Client: \_\_\_\_\_ Unit: \_\_\_\_\_

Date	Time	Medication and Dosage	Reason	Describe Behaviour and Effectiveness**			Staff Signature	Behaviour Therapist and Management Meetings Date and Comments	Physician Review Date and Comments
				10 min. later	30 min. later	1 hr. later			

\*\* Physical (awake, asleep) Emotional (alert, agitated, calm)