

## MANUAL OF ADMINISTRATION

<b>TOPIC:</b> SUPPORT SERVICES	<b>SUBJECT:</b> Planned Physical Restraint	<b>Code:</b> SS008
		<b>Date of Issue:</b> July 2018
		<b>Revised:</b>
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**PURPOSE:** To outline the requirements of a planned physical restraint for health care needs.

**PROCEDURE:**

This policy applies to situations where it is known in advance that a client requires physical restraint for health care situations in order to keep self or others safe from harm. This can include but is not limited to medical appointments, dental work, blood work, nail trimming, personal care and hygiene.

A routine will be developed by the team and manager which will be approved by the Director of Support Services on how and when a planned restraint will be used.

A Manager must attend the appointment to ensure the protocol is adhered to, train (if needed) or assist in an emergency.