

Manual of Administration

TOPIC: Support Services	SUBJECT: Food and Nutrition	Code: SS100
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All people supported with meal preparation will be supported to learn about the Canada Food Guide. A copy of the Canada Food Guide will be available in their home to reference, preferably located in the kitchen area. Meal records/menus will be documented in the daily nutrition log, as applicable.

Likes and dislikes, cultural diversity and dietary requirements will be recognized of each person supported. Support strategies will be appropriate to each individual's support needs.