



# AVENUE II COMMUNITY PROGRAM SERVICES

(THUNDER BAY) INCORPORATED

## MANUAL OF ADMINISTRATION

<b>TOPIC:</b>	<b>SUBJECT:</b>	<b>Code:</b> SS111
Support Services	Choking	<b>Date of Issue:</b> June 2025
		<b>Revised:</b>
		<b>Page</b> 1 of 2

### **PURPOSE:**

In accordance with Development Services Quality Assurance, Avenue II will ensure safeguards to protect the health and safety of a person supported while eating are articulated in the Individual Support Plan (ISP) (O.Reg.299/10, 5(4)(j)).

People with developmental disabilities may be at increased risk for choking and aspiration because of:

- Decreased muscle coordination and/or tone which causes problems with chewing and swallowing
- Difficulty holding their head up or sitting straight
- Poor self-eating skills (such as food stuffing or rapid eating)
- Diagnoses such as pica, neurological disorders, dysphagia or dental issues.

In the event of a choking incident:

- Call 911 (Emergency Services)
- Perform First Aid for choking
- Contact Manager/On-Call to inform of incident
- Complete Incident Report on AIMS
- Complete Clinical Note on AIMS to document results of Emergency Room visit (necessary if abdominal thrusts or other interventions needed to dislodge foreign object from airway).

### **PROCEDURE:**

- A. In Section A of Individual Support Plan "Support I need with Eating" will be completed for each client receiving services with Avenue II:

**Support I need with Eating:**\_(i.e. risks, Protocols, level of support etc.)

Attachment:      No ☐      Yes ☐      Identify:

Risk:

Detail of Support Required:



**AVENUE II COMMUNITY PROGRAM SERVICES**  
(THUNDER BAY) INCORPORATED

**MANUAL OF ADMINISTRATION**

<b>TOPIC:</b>	<b>SUBJECT:</b>	<b>Code:</b> SS111
Support Services	Choking	<b>Date of Issue:</b> June 2025
		<b>Revised:</b>
		<b>Page</b> 2 of 2

- B. In Section B of the Individual Support Plan (Information for my Personal Care) "Support I need with Eating" will be completed for Clients in Residential Supports:

**Support I need with Eating (Risks, Protocols, Level of Support):**

- 

- C. All choking risks will be listed in the Cautions Section for clients in AIMS and on Emergency Facesheet.

**PROTOCOL:**

- A. Choking Protocols (if required) will outline:

1. Background:

- Overview of why there is a choking protocol.
- Name of clinician and diagnosis if applicable.

2. Specific Preventative Measures:

- Detail of food and liquid consistencies
- Detail of equipment required to prepare food: i.e. blender etc.
- Detail how food is prepared: i.e. chopped in ¼ inch pieces, minced, purée', liquids thickened etc.

3. Level of Supervision required while eating to keep the person safe:

- i.e. must be in visual sight, must sit with the person at table while eating etc.

4. Date created

5. Whom created by: (Avenue II representative) will sign off

- B. Physician Consultation (if required):

Should a client be unable to eat a regular diet and is at high risk for choking, the family physician will be consulted for dietary recommendations and/or referral for a swallowing assessment.

**All Choking protocols will be reviewed annually and dated**