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## HOW TO WASH HANDS

1. Thoroughly wet hands with warm water.



2. Apply soap and rub hands palm to palm.



3. Rub in between and around fingers and back of hands

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4. Wash fingertips in the palm of other hand



5. Wash each thumb with opposite hand.



6. Rinse thoroughly under warm water.



7. Pat hands dry with paper towel.

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# 8. Turn off water with paper towel.