



# AVENUE II COMMUNITY PROGRAM SERVICES

(THUNDER BAY) INCORPORATED

## MANUAL OF ADMINISTRATION

<b>TOPIC:</b>	<b>SUBJECT:</b>	<b>Code:</b>	SS111
Support Services	Choking	<b>Date of Issue:</b>	June 2025
		<b>Revised:</b>	July 2025
		<b>Page</b>	1 of 3

### **PURPOSE:**

In accordance with Development Services Quality Assurance, Avenue II will ensure safeguards to protect the health and safety of a person supported while eating are articulated in the Individual Support Plan (ISP) (O.Reg.299/10, 5(4)(j)).

People with developmental disabilities may be at increased risk for choking and aspiration because of:

- Decreased muscle coordination and/or tone which causes problems with chewing and swallowing
- Difficulty holding their head up or sitting straight
- Poor self-eating skills (such as food stuffing or rapid eating)
- Diagnoses such as pica, neurological disorders, dysphagia or dental issues.

In the event of a choking incident:

- Call 911 (Emergency Services)
- Perform First Aid for choking
- Contact Manager/On-Call to inform of incident
- Complete Incident Report on AIMS
- Complete Clinical Note on AIMS to document results of Emergency Room visit (necessary if abdominal thrusts or first aid back blows needed to dislodge foreign object from airway when full obstruction).
- After choking incident: monitor for fever, coughing that does not go away - if a person develops, seek medical attention.



**AVENUE II COMMUNITY PROGRAM SERVICES**  
(THUNDER BAY) INCORPORATED

**MANUAL OF ADMINISTRATION**

<b>TOPIC:</b>	<b>SUBJECT:</b>	<b>Code:</b>	SS111
Support Services	Choking	<b>Date of Issue:</b>	June 2025
		<b>Revised:</b>	July 2025
		<b>Page</b>	2 of 3

**PROCEDURE:**

- A. In Section A of Individual Support Plan “Support I need with Eating” will be completed for each client receiving services with Avenue II:

**Support I need with Eating:**\_(i.e. risks, Protocols, level of support etc.)

Attachment:      No ☐      Yes ☐      Identify:

Risk:

Detail of Support Required:

- B. In Section B of the Individual Support Plan (Information for my Personal Care) “Support I need with Eating” will be completed for Clients in Residential Supports:

**Support I need with Eating (Risks, Protocols, Level of Support):**

- C. All choking risks will be listed in the Cautions Section for clients in AIMS and on Emergency Facesheet.



**AVENUE II COMMUNITY PROGRAM SERVICES**  
(THUNDER BAY) INCORPORATED

**MANUAL OF ADMINISTRATION**

<b>TOPIC:</b>	<b>SUBJECT:</b>	<b>Code:</b>	SS111
Support Services	Choking	<b>Date of Issue:</b>	June 2025
		<b>Revised:</b>	July 2025
		<b>Page</b>	3 of 3

**PROTOCOL:**

A. Choking Protocols (if required) will outline:

1. Background:

- Overview of why there is a choking protocol.
- Name of clinician and diagnosis if applicable.

2. Specific Preventative Measures:

- Detail of food and liquid consistencies
- Detail of equipment required to prepare food: i.e. blender etc.
- Detail how food is prepared: i.e. chopped in ¼ inch pieces, minced, purée', liquids thickened etc.

3. Level of Supervision required while eating to keep the person safe:

- i.e. must be in visual sight; must sit with the person at the table while eating etc.

4. Date created

5. Whom created by: (Avenue II representative) will sign off

6. Annual review date

A. Physician Consultation (if required):

Should a client be unable to eat a regular diet and is at high risk for choking, the family physician will be consulted for dietary recommendations and/or referral for a swallowing assessment.

**All Choking protocols will be reviewed annually and dated**