

Name: _____

SAFETY & HEALTH QUESTIONNAIRE 2026

1. What is the meaning of ergonomics?
2. Name 3 members of the Joint Health & Safety Committee (JHSC).
3. Name 6 Health & Safety Reps or Alternate Reps.
4. In our workplace, what does the acronym PPE stand for?
5. When should a Safety Data Sheet (SDS) be consulted?
6. What is the proper lifting technique?
7. What does the acronym PASS stand for in fire extinguisher use?
8. What should you do if you witness a co-worker engaging in unsafe behaviour?
9. What is the correct posture for computer work?
10. When should you report a work-related injury?