

SAFETY & HEALTH WEEK

May 4-9, 2026

Together we can create safe workplaces and communities

Safety & Health Week is an annual initiative aimed at raising awareness about the importance of preventing injury and illness in the workplace, at home, and in the community. It focuses on employers, employees, partners, and the public working together to create safe workplaces and communities.

NOTICE OF EVENTS

Annual WHMIS Update

- Refer to Avenue II's website (Our Organization, then Staff Area) or enter: https://aixsafety.com/wp-content/uploads/articulate_uploads/WHIS2026Aix9/story.html on your laptop, desktop, tablet or mobile device.
- To have your name put into a draw for prizes, complete the WHMIS Update by **May 31** (yes, you have the entire month!) and submit proof of completion to Tammy St. Denis either by dropping off printed certificates or photos of certificates at the Main Office, or by emailing copies to TammyS@avenueii.com, or by faxing to (807) 343-6090.

Poster Contest for Kids up to Age 15

- The theme is "Safety at Home, Work or Play." Use an 8½" x 11" sheet of paper and create a poster with the theme in mind. Get creative! Kids can use crayons, markers, pencil crayons, paint, stickers, whatever their hearts and minds desire.
- Age categories for prizes are 5 & under, 6-10, 11-15. Don't forget to add the kid's name (first name only is fine), age, and worker's name. Then take a photo and submit to either Kammy at kammys@avenueii.com or Barbara at barbara@avenueii.com. Kids must be related to Avenue II support workers (own kids, step-kids, grandkids, great-grandkids, nieces, nephews, ...). Because it takes a while for creativity to blossom, the deadline for submission is **May 17**.

Word Search and Word Scramble

- We didn't forget about the grown-ups! Workers can have fun with a Word Search or Word Scramble. These can be found at the Main Office, at NEIGHBOURS locations, or on the web site in the Staff Area. Do one or both and then drop off the pages at the Main Office for Barbara or send photos to either Kammy at kammys@avenueii.com or Barbara at barbara@avenueii.com. Don't forget to print your name on the sheets! All names will then be entered into a draw for some prizes. Deadline is **May 10**.

Questionnaire

- Are you up for a challenge?! We have a Safety & Health Questionnaire that is available at the Main Office, at NEIGHBOURS locations, or on the web site in the Staff Area. Answer the questions and then submit your sheet to the Main Office for Barbara or send photos to either Kammy at kammys@avenueii.com or Barbara at barbara@avenueii.com. Don't forget to include your name. Then those who have them all, or nearly all, correct will have their names entered into a draw. Deadline is **May 10**.

Newsletters and Posters

- Two newsletters will be shared during the week. They will contain tips on maintaining or improving your health.
- Posters on Plain Language, Aging Workers and Walking Tips can be displayed in NEIGHBOURS locations.

Webinars

- Join the Canadian Centre for Occupational Health and Safety (CCOHS) for free webinars during the week. For more information or to register, go to ccohs.ca/events/safety-and-health-week.
 - Monday, May 4, 2026, 11:00 am to 12:00 noon
Safety and Health Week National Launch
 - Tuesday, May 5, 2026, 11:00 am to 11:45 am
Plain Language: Clear, Simple and Safe
 - Wednesday, May 6, 2026, 1:30 pm to 2:15 pm
Indigenous Inclusion: An Approach for Cultural Safety and Belonging
- To view last year's webinars, go to <https://www.youtube.com/playlist?list=PLEe-bc7uG8wr6XRjo1QUbJcs8iw6xY5DJ>.

Have a **safe** & **healthy** week!